



**VIRGINIA YOUTH SOCCER ASSOCIATION
D LICENSE
Grid Schedule**

DAY	8:00-9:00	9:15-10:15	10:30-11:30	11:30-12:45	12:45-1:45	2:00-3:00	3:15-4:15	4:30-5:30	6:00	7:00	8:00	9:00
1										LECTURE Course Orientation; Methods of Coaching		
2	FIELD When and How to Receive/Pass	FIELD Playing Balls in the Air	LECTURE Laws of the Game	LUNCH	LECTURE Principles of Play	FIELD How/When to Finish	FIELD Goalkeeping (Shot stopping; playing with feet)	FIELD Defending in Small Groups				
3	FIELD Attacking in Small Groups	FIELD Practice Coaching		LUNCH	FIELD Practice Coaching							
4										LECTURE Game Analysis; Reading the Game		
5	FIELD Transition	FIELD Practice Coaching		LUNCH	FIELD Practice Coaching		LECTURE Course Summary	LECTURE Oral Exams				
6	FIELD Final Practicals			LUNCH	FIELD Final Practicals							